

Lark West

Indianapolis, IN | 847-703-0377

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Wise and positive professional is passionate about serving in vital community resource - non-profit, municipality, education, health department; or in realm of Government - detention center, counseling, probation, prevention, court services

- High energy, appropriately proactive, problem-solving, creative, flexible and caring
- Superb communication, organizational, time management and research skills
- Interacts well - government officials, families, inmates, donors, volunteers, coworkers, most anyone
- Competency and high degree of emotional intelligence; motivated and engaging team member/leader
- Extensive experience with diversity, addiction and mental health treatment plans
- Skilled in providing social services and counseling to male and female inmates, rape survivors, students
- Experienced and educated in Social Behavioral Science, Psychology and Education
- Appreciator of technology, go-to person in each work environment; Mac and PC; if unfamiliar, learn quickly

EXPERIENCE

Life & Recovery Coach @ Your Way Up Indianapolis | Worldwide YourWayUp.com 2008-present

With compassion and power, unique blend of Co-Active Coaching and Cognitive Behavioral Therapy (CBT) techniques are used to assist people in reaching their full potential. Addiction freedom, as well. Business owner, core values are love and service.

Consulting Projects 2002-present

Webmaster i.e., YourWayUp.com | EWestHomes.com | MyWellnessChicago.com | LarkWest.com | WildWestWay.org
eBay Powerseller offered unique products to niche market; liquidated client's antique business

Psychologist in Training @ North Lawndale Charter Network, Chicago Public Schools (CPS), Chicago 2009-2014
Algonquin Middle School, Des Plaines & Academy South, Streamwood

Special Event Coordinator/Marketing/Development @ Zacharias Sexual Abuse Center (ZCenter), Gurnee 2005-2011

- Produced remarkable charitable events; recruited, trained, supported and directed volunteers and staff
- Significantly and resourcefully grew community connections and funding revenue during tenure
- More than doubled net from special events alone (\$128,000 in 2005 to \$339,000 in 2010)
- Provided crisis counseling for rape survivors; broad and focused awareness - including gender, age, and cultural issues
- Increased consciousness and funding doing community outreach; built and maintained relationships
- Spearheaded social marketing; took Center from paper to digital

Manager of Web & Publications @ Technology Executives Club, Lake Forest 2000-2003

- Created, developed and maintained elaborate web site for technological networking and education business
- Designed and implemented e-newsletter for opt-in readership of over 4,000
- Produced all printed materials

Administrative Assistant & Office Manager for Parks & Recreation @ Village of Libertyville, Libertyville 1989-2000

- Interviewed, hired, trained, supported and supervised competent clerical staff
- Oversaw production of correspondence, reports, financial documents; coordinated schedules and gave performance reviews
- Exercised mature judgment, initiated and implemented effective procedures, increased productivity, saved money, enhanced public relations and ensured quality services
- Valuable charter member of Village Technology Committee; took registration process from paper to database

- Independently took outsourced Parks & Recreation brochure production to in-house. Performed graphic design, bidding, and oversaw production; spent less and gained greater control in producing a finer product.

Leader & Activist @ Lake County, IL

1994-present

- Counsel Lake and Marion County Jail inmates in realms of cognition, behavior, addiction and accountability
- Was passionate member of 19th Judicial Circuit (Lake County, IL) Therapeutic Intensive Monitoring (TIM) Drug Court
- Created and organized retreats, individually - overseeing committees and the entire process

ASSOCIATION MEMBERSHIPS

National Association of Drug Court Professionals (NADCP)
International Coaches Federation (ICF)

EDUCATION

The Chicago School of Professional Psychology

GPA: 3.8/4.0 (completed 60 graduate hours)

Psychology and Education: **2009-2014**

Equivalent to Masters degree in each

DePaul University

GPA: 4.0/4.0

Bachelor of Arts: **2006**

Social Behavioral Science

Coaches Training Institute; Fowler Wainwright International

Certified Professional Life Coach: **2004-2007**

Substitute Teaching License - Illinois State Board of Education

Current